

# For Educational Use Only

## RESOURCES FOR FAMILIES

Loudoun County Public Schools

Al-Anon/Alateen

Loudoun County Mental Health

SAMHSA

National Institute on Drug Abuse

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## LOUDOUN COUNTY PUBLIC SCHOOLS

Student Assistance Specialists

<https://www.lcps.org/Page/223878>

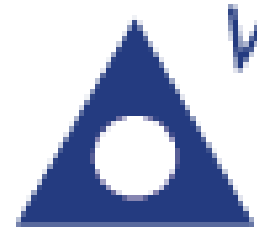
Substance abuse specialists work in all secondary schools

<https://www.lcps.org/Page/223912>

Provide prevention services/assessment/  
support/referrals



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Virginia

## AL-ANON / ALATEEN

*Hope and help for families and friends of alcoholics*

Support groups for people who love someone with a substance abuse issue

Started in 1951 by Lois W.

Al-Ateen is specifically for teens

Most meetings are virtual right now/some hybrid

Try at least 5

<https://alanonva.com/meetings/>

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# LOUDOUN COUNTY MENTAL HEALTH SUBSTANCE ABUSE AND DEVELOPMENTAL SERVICES

## **New Client Information and Referrals**

**Phone: 703-771-5155**

Walk-In Hours: Monday- Friday, 9:00 a.m.- 2:00 p.m.

Outpatient MH and SA evaluation/treatment/referral

The CIT Assessment Center is located at:

102 Heritage Way NE

Suite 102

Leesburg, VA 20176

The center is open from 7:00 AM to 11:00 PM daily

Call 703-777-0320 to access Loudoun Mental Health Emergency Support 24 hours a day/7 days a week



**Loudoun County**

VIRGINIA

WHERE TRADITION MEETS INNOVATION

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The logo for SAMHSA (Substance Abuse and Mental Health Services Administration) features the acronym "SAMHSA" in a large, bold, italicized, dark blue font. To the left of the text is a vertical blue line. Below the acronym, the full name "Substance Abuse and Mental Health Services Administration" is written in a smaller, dark blue, sans-serif font.

Substance Abuse and Mental Health  
Services Administration

<https://www.samhsa.gov/families/resources> – Provides articles and other helpful information for families impacted by substance abuse and mental health.

## **SAMHSA's National Helpline**

**1-800-662-HELP (4357)**

**TTY: 1-800-487-4889**

Website: [www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

Also known as, the Treatment Referral Routing Service, this Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.

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## NATIONAL INSTITUTE ON DRUG ABUSE



<https://teens.drugabuse.gov/parents>

Great source of information for parents

Facts about drugs

Tips for preventing drug use

How to talk to your teenager about drugs

<https://www.drugabuse.gov/drug-topics/trends-statistics/monitoring-future>

### **Monitoring the Future**

Measures drug and alcohol use and related attitudes among adolescent students nationwide.